



Central University of Haryana

Department of Psychology
Central University of Haryana, India

in collaboration with
National Academy of Psychology (NAOP)

**Regional National
Conference on
“Women’s Health and Well-Being”**
(12th – 13th October, 2023)





About the Conference

At this point in time, the achievement of the United Nations Sustainable Development Goals (SDGs) seems imminent and 2030 is approaching soon. Governments worldwide are actively working towards implementing these goals, and the primary obstacle lies in how we, as individuals, can contribute to preserving our planet. This conference will specifically address the themes related to women, gender and wellbeing.

Women, both within and outside of the family unit, play a crucial role in measuring the development and progress of any nation. In the Indian context, the women's movement has made significant strides, particularly in areas such as education and the health of girls. This progress has been hard-earned and is the result of collective efforts from various stakeholders, including government agencies, both at the central and local levels, NGOs, voluntary organizations, and most importantly, individual women who have brought about positive changes in India through their persistent efforts and courage.

For India's economic growth and development to be achieved and sustained, it is essential to ensure the safety and security of women, as they are valuable assets in terms of women capital, neutral capital (social), and human capital (health). However, despite India's proud history of women's status and position in ancient Vedic times, in modern times, women still face various forms of discrimination, oppression, harassment, injustice, abuse, and violence, albeit in more subtle and sophisticated ways. While blatant and overt discrimination may be less prevalent today, these issues persist. Currently, there is a need for a decrease in resistance to change, a shift in mindset, and the promotion of gender neutrality in society. This would encourage people to fully engage in work, support women's equality and empowerment, and enable their active participation in all aspects of society on an equal footing with men.





About the Conference

As the Government of India celebrates the "Azadi ka Amrit Mahotsav," with a specific focus on the theme of "Women and Children" for the 2.0 edition, organizing a conference on this theme would be highly valuable and beneficial for a wide range of academicians, researchers, and students working in the fields of social psychology, gender and health, health psychology, and other related areas within psychology and the social and behavioral sciences.

Such a conference would provide a platform for experts and scholars to come together and share their research findings, insights, and experiences related to women's health and well-being. It would facilitate knowledge exchange, encourage interdisciplinary collaborations, and foster discussions on important issues affecting women health in India. The conference could cover a broad range of topics, including gender equality, women's empowerment, maternal health, social and psychological aspects of gender, and much more.

By bringing together researchers and professionals from diverse backgrounds, the conference would create an opportunity to enhance understanding, promote evidence-based practices, and generate innovative ideas for addressing the challenges faced by women in the country. It could also serve as a platform for networking, mentoring, and establishing collaborations that could lead to future research initiatives and policy interventions aimed at improving the well-being of women in India. Overall, organizing a conference on the theme of "Women's Health and Wellbeing" as part of the "Azadi ka Amrit Mahotsav" would be a meaningful contribution to the ongoing efforts to empower and uplift these vulnerable segments of society.



About National Academy of Psychology (NAOP)

The National Academy of Psychology (NAOP) is a major national organization of professional psychologists in India. Established in 1989, NAOP represents India in the International Union of Psychological Sciences (IUPS), a union of national bodies of Psychology from across the globe. NAOP has about 550 registered members. The NAOP seeks to promote the application and quality of teaching and research taking place within the field of psychology and also to promote multidisciplinary work for the betterment of quality of life of the citizens of India. NAOP (India) strives for promoting, advancing, and safeguarding the interests of Psychology as a discipline engaged in teaching, research, application, societal development, and human welfare. Its specific objectives are to promote growth of Psychology in India, and safeguard its interests, to publish high quality journals, to endeavour for setting up mechanisms for accreditation of courses of Psychology, to establish and maintain liaison with national as well as International Associations in academic as well as professional matters, to identify and honour individuals for their outstanding contributions to psychological research and/or professional practice as Fellows of the Academy, to make efforts for ensuring high ethical standards in teaching, research, and professional services, to promote highest standards of psychological measurement, testing and instrumentation, and to carry out such other functions as may be deemed necessary to achieve its primary objectives.





Central University of Haryana

Central University of Haryana is one of the fifteen new Central Universities established by Ministry of Human Resource Development, Government of India (GoI) in XI Five Year Plan (2007-2012) under the Central University Act-2009 of the Parliament.

The University has been accredited with 'A' Grade in the first cycle of NAAC assessment and accreditation conducted in March 2017. The University is fully funded by the University Grants Commission (UGC). Permanent Campus of the University is situated in 488 acres of land at Jant-Pali Villages, Mahendergarh district of Haryana from where CUH is running its academic operations. Presently the University offers 72 academic programmes (UG/PG/Research).

Department of Psychology

The Department of Psychology, Central University of Haryana is devoted to provide Excellence by its commitment towards novelty in curriculum and ground-breaking ingenuities. The department offers a student friendly environment to foster academic growth and provides research orientation required for higher education.

Department of Psychology is one of the departments under the School of Humanities and Social Sciences, Central University of Haryana established from the academic year 2014-15. The department offers five academic programmes, (M.A., B.Sc. (Hons.), Ph.D., and two RCI approved courses- PGDRP & ADCGC). The department is fully equipped with experimental, psychological testing, biofeedback and computer labs

Objectives of the Conference

- ❖ The objectives of the conference include providing a platform for researchers, practitioners, and policymakers to share and discuss the latest psychological research and insights on women's health and its connection to the environment; raise awareness about the psychological factors that impact women's health in the context of environmental challenges, such as climate change, pollution, and environmental degradation; explore the inter-sectionality of gender and other social identities (e.g., race, class, sexuality) and how they influence women's experiences of environmental health disparities; discuss evidence-based psychological interventions and strategies that promote women's resilience, well-being, and activism in the face of environmental challenges; address the psychological impacts of injustice on women and highlight the importance of gender-sensitive environmental policies and practices; encourage the translation of research findings and conference discussions into actionable policies, interventions, and advocacy efforts that improve women's health and promote a sustainable environment.

❖ Sub-themes

In consonance with the conference theme, subthemes include but are not limited to the following issues:

- Understanding SDG's from a psychological perspective
- Health and Well- Being among women
- Psycho-social factors and their impact on women in organizations
- SDGs and their role in women empowerment
- Health and well- being of women belonging to rural and urban areas
- Gender equality for lasting peace

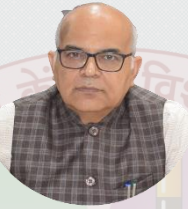
Sub-Themes

- Advancing gender justice: creating an equitable future
- Women's participation in economic development
- Women and Indian society
- Empowering Women: Resilience, Activism, and Advocacy
- Policy and Practice: Bridging Research and Action
- Women as leaders and entrepreneurs
- Maternal health, Post-partum Depression and well-being
- The Psychology of gender Neutrality to equality
- Gender neutrality roles in the future scenarios
- Feminists, trans-humanist & Post Genderism perspectives.
- LGBT movement and gender neutrality: Psychological Perspective
- Domestic Violence: Causes & Preventive Measures
- Any Other.

By incorporating these sub-themes and objectives into the conference, we aim to foster meaningful discussions, knowledge exchange, and collaboration among researchers, practitioners, policymakers, and advocates working at the intersection of women's health, psychology, and environmental concerns. Together, we can gain deeper insights, develop evidence-based approaches, and create positive change for women's well-being and environmental sustainability.



Members



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CUH, Mahendergarh (India)



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Pro Vice-Chancellor
CUH, Mahendergarh (India)



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University of Allahabad
President, NAOP



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CUH, Mahendergarh (India)



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Department of Psychology
CUH, Mahendergarh (India)



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CUH



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CUH, Mahendergarh (India)



Chair of Scientific Community

Dr. Tushar Singh
Banaras Hindu University

Invited Keynote Address

Prof. Girishwar Mishra

Former Vice Chancellor,
MGAHV, Wardha

Prof. Chandranshu Sinha

(Allahabad University)

Prof. Umed Singh

(Retd. Prof. KU, Kurukshetra)

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(GJU&ST, Hisar)

Prof. Purnima Awasthi

(BHU)

Resource Persons

- **Prof. C.R. Darolia** (K.U. Kurukshetra)
- **Prof. Arti Bakshi, (University of Jammu)**
- **Prof. Sonia Malik** (MDU, Rohtak).
- **Prof. O.P. Sharma, (Rajasthan University)**
- **Prof. Rakesh Behmani** (GJUS&T, Hisar)
- **Prof. T. K. Singh (CU, Mizoram).**
- **Prof. D. Dutta Roy (ISI, Kolkata)**
- **Dr. Sanjay Parmar** (GJU&ST, Hisar)
- **Dr. Vismita, (DDU, Gorakhpur)**
- **Dr. Prashant (CSJM, Kanpur)**
- **Dr. Ajay, (MLSU)**
- **Dr. Subhasis Bhadra (CU, Rajasthan)**
- **Prof. Sigamani Panneer (CU, Tamilnadu).**

Conference Advisory Committee

Prof. (Retd.) R.C. Tripathi,
(Allahabad University)

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(University of Allahabad)

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(Graphic Era University,
Uttrakhand)

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Dr. Devendra Singh Rajput,

(Department of Sanskrit, CUH).

Instruction to the Paper Presenters

Proposals are invited for workshops, individual paper and poster presentation related to the theme and sub-theme of the conferences.

Papers (15 minutes including questions): Paper should be related to theme and sub-theme of the conference and report on recent developments. Abstract should be 200 to 300 words and should include aim, method and results.

Posters: The normal size of the poster should be 30x20 inches size.

Abstract Submission: Abstract can be submitted to

whwbnaopcu2023@gmail.com. &

Link for Abstract submission:

https://docs.google.com/forms/d/e/1FAIpQLSeLwBJ5zgtBPLM4VTi7GsFQITJ3a78yJm5BfbcgD8PVx8vcQ/viewform?usp=pp_url.

Abstract Submission

10st July--10th August
2023

Full Paper Submission

Up to 15th August, 2023

Registration Starts:

12st July, 2023

***Early Bird Registrstion:**

Till 10th August, 2023

Registration Closes:

31st August, 2023



Registration Payment link: will be added.

Payment receipt required to sent on the following email id.
whwbnaopcu2023@gmail.com.

Accommodation will be provided to out station participants on request and paid basis

Sl. No	Category	Fee
1.	Delegates	Rs. 2000 Rs. 1500 (For NAOP Members)
2.	Research Scholars	Rs.1000
3.	Student	Rs. 700